# **Original Article**

# Identifying Key Genes and Approved Medications Associated with Major Depressive Disorder Using Network Analysis and Systems Biology

Yasin Parvizi<sup>1</sup>, Seyed Mahdi Sadati<sup>2</sup>, Pedram Porbaha<sup>3,4</sup>, Shima Masumi<sup>1</sup>, Saeid Mahdian<sup>5</sup>, Seyed Alireza Vafaei<sup>6</sup>, Saeid Afshar<sup>7,8\*</sup>

#### Abstract

**Objective:** Major depressive disorder (MDD) stands as one of the serious psychiatric conditions that detrimentally affect patients' quality of life and leads to a significant part of disability worldwide. Due to the limited understanding of the basic molecular mechanisms of depression and antidepressant medications, a clear understanding of the onset and development of MDD is unavailable. This study aims to figure out the pivotal genes and pathways implicated in the MDD development and identify medications that can potentially improve MDD treatment based on their relation with the key genes.

**Method:** Symbols of human coding genes were retrieved from the HUGO Gene Nomenclature Committee database. These symbols were then queried for MDD-related associations using a Python script in PubMed. Subsequently, genes with two or more related articles to MDD were selected. A union of our search data and MDD-related genes in the DisGeNET database was found. The gene interaction network was generated and analyzed utilizing the STRING and Cytoscape, respectively. Finally, a drug-gene network was constructed and medications that can affect multiple genes were selected. **Results:** The union of our search data and DisGeNET data contained 1734 genes. Based on network analysis, TNF, IL1B, IL6, STAT1, and STAT3 were identified as the key genes in the MDD pathogenesis. Eleven drugs that affect more than one gene were detected through a drug-gene network. These medications include Acitretin, Adalimumab, Alteplase, Cisplatin, Digoxin, Etanercept, Infliximab, Insulin, Omeprazole, Pentoxifylline, and Rabeprazole.

**Conclusion:** In summary, our findings identified five genes as key genes in MDD development, as well as medications related to key genes. This study provides a new vision of the pathogenesis and treatment of MDD. However, further experimental and clinical studies are necessary.

Key words: Antidepressive Agents; Depressive Disorder; Drug Therapy; Major; Protein Interaction Maps; Systems Biology

- 1. School of Medicine, Student Research Committee, Hamadan University of Medical Sciences, Hamadan, Iran.
- 2. Department of Neuroscience, School of Science and Advanced Technologies in Medicine, Hamadan University of Medical Sciences, Hamadan, Iran.
- 3. Department of Pharmaceutics, School of Pharmacy, Shiraz University of Medical Sciences, Shiraz, Iran.
- 4. Student Research Committee, Shiraz University of Medical Sciences, Shiraz, Iran.
- 5. Behavioral Disorders and Substance Abuse Research Center, Hamedan University of Medical Sciences, Hamedan, Iran.
- 6. Hamadan University of Medical Sciences, Hamadan, Iran.
- 7. Department of Medical Biotechnology, School of Advanced Medical Sciences and Technologies, Hamadan University of Medical Sciences, Hamadan, Iran.
- 8. Research Center for Molecular Medicine, Hamadan University of Medical Sciences, Hamadan, Iran.

#### \*Corresponding Author:

Address: Department of Medical Biotechnology, School of Advanced Medical Sciences and Technologies, Hamadan University of Medical Sciences, Hamadan, Iran, Postal Code: 6517838736. Tel: 98-81 38381796, Fax: 98-81 38382112, Email: s.afshar@umsha.ac.ir

#### Article Information:

Received Date: 2024/05/29, Revised Date: 2024/08/08, Accepted Date: 2024/08/27



Major depressive disorder (MDD) is one of the prevalent disorders worldwide, leading to an individual's incapacity in personal, social, and economic domains, significantly affecting the quality of life (1, 2). The World Health Organization (WHO) acknowledges that depression significantly contributes to global disability. Estimates indicate that the annual global cost of lost productivity due to depression and anxiety reaches approximately a trillion dollars. As a result, improving personal, social and occupational functions of patients suffering from depression is crucial for improving global health and economic policies (3).

Existing medications for treating severe depression encompass tricyclic antidepressants, selective serotonin reuptake inhibitors, serotonin-norepinephrine reuptake inhibitors (SNRIs), monoamine oxidase inhibitors (MAOIs, dopamine reuptake inhibitors, and medications such as mirtazapine and nefazodone (4). Upon the administration of these medications, serotonin, postulated to contribute to the development of depression, increases in the brains of patients. However, it takes at least two weeks for the medications' early therapeutic effects to become apparent. Only around half of patients benefit from the initial therapy process (5). In addition, primary research on serotonin does not consistently support the idea that depression is due to a reduction in the activity of serotonin or concentration. Only some evidence suggests compatibility between reduced serotonin concentration due to prolonged use of antidepressants (6).

All of these factors have led the way towards new drugs with various mechanisms, and research has been carried out on this topic, highlighting the hypothalamic-pituitaryadrenal axis, inflammation, sex hormones, neuropeptides, and the brain's reward system as other contributing factors or associations with depression (7). Given the significant expenses and extensive time involved in developing and discovering novel medications, repurposing currently approved drugs that have undergone safety tests for other diseases can be a viable approach to addressing depression (8).

Although the genetic basis of depression is not fully understood, researchers have identified numerous genes that are related to depression. The functions of these genes are highly diverse. They could contribute in synaptic plasticity and synapse formation such as NEGR1, or neurodegenerative disorders like TMEM106B (9). Recent studies suggest that the identified genes associated with inflammation may also play a crucial role in causing depression. ESR2, a regulator of estrogen activity, is one such gene (9). Additionally, some genes including AURKA, BTN3A2, CXCL10, ERAP2, MARCO, and PLA2G7 were identified as diagnostic markers to detect Rheumatoid arthritis combined with MDD. Recent studies have demonstrated a correlation between the frequency of unsuccessful treatment trials and the concentrations of plasma TNF and IL-6. Patients with at least three failed trials had more plasma TNF and IL-6

concentrations compared to patients with none or one failed trial (10). These findings highlight the importance of inflammatory pathways in the initiation and treatment response of MDD (11). Despite these and similar studies, the full molecular basis of MDD pathogenesis remains unidentified. Therefore, identifying essential genes involved in depression through bioinformatics along with recommending FDA-approved drugs that can potentially improve depressive symptoms by targeting these genes in addition to their primary indications, can provide valuable insights for developing innovative medications with antidepressant properties.

The limited knowledge about the underlying pathways and mechanisms that lead to depression has posed challenges in identifying efficacious drugs for the treatment of depression. Hence, acquiring a comprehensive understanding of the occurring and development mechanisms of depression will facilitate the availability of more precise treatment options.

This study identifies the most relevant genes associated with MDD through systems biology and bioinformatics. Then, some FDA-approved drugs were recognized that could potentially impact the course and prognosis of MDD.

# **Materials and Methods**

## Gene Selection

We retrieved unique symbols of 19200 protein-coding human genes from the HUGO Gene Nomenclature Committee (HGNC) database (http://www.genenames.org) (12). Using a Python 3.9 script and the Selenium library version 4.9, we queried PubMed (https://www.ncbi.nlm.nih.gov/pubmed/) with the following terms: (gene symbol) AND (MDD OR Major depression OR Major depressive disorder OR Depressive disorder, major [MeSH] OR Depressive disorder [MeSH]). (The code for PubMed search is available GitHub on at https://github.com/pporbaha/Genes\_PubMed\_Scraper.) Among all genes, those with two or more articles truly related to the role of the gene in MDD were selected based on search results. Then, we rechecked the results to ensure the articles of selected genes were chosen correctly. To enhance the value of the results, we obtained data on genes associated with MDD from the DisGeNET database (https://www.disgenet.org), an advanced platform that boasts an extensive public repository of genes and variants linked to human diseases. The union of search-based data and DisGeNET data was then compiled.

#### Network Analysis

Networks of gene protein-protein interaction (PPI) have been created using STRING (https://string-db.org), a tool for investigating protein-protein interactions and comprehending the functional connections among proteins. A high confidence (0.700) was set for the minimum interaction score. Networks were analyzed using four different methods, including Degree (the count of every node connection), Edge Percolated Component (EPC, an approach that aims to pinpoint significant nodes in biological networks by considering their inherent features and thoroughly analyzing their connectivity and relationships), Eccentricity (the maximum distance from one node to another node), and Maximum Neighborhood Component (MNC, the size of the maximum linked component of a node and its neighborhood, the neighborhood being the set of adjacent nodes, excluding the node itself), with the aid of the CytoHubba plugin in Cytoscape 3.10.0. The top 20 genes based on each method were selected and a Venn diagram to identify intersecting genes was created. Additionally, the molecular complex detection (MCODE) plug-in in Cytoscape was utilized to identify modules within the PPI network. The modules were inferred using the default settings, which included a node score cutoff of 0.2, a degree cutoff of 2, a K-core of 2, and a maximum depth of 100.

#### Drug-Gene Network

The Drug Gene Interaction Database (DGIdb, https://dgidb.org) was utilized to predict possible approved medications targeting critical genes. Then, Cytoscape was used to create a drug-gene interaction network from DGIdb results. Subsequently, drugs that interacted with more than one gene were found.

## Results

#### **Gene** Selection

The search carried out through PubMed resulted in the identification of a total of 2,116 genes, out of a total of 19,200 coding genes that were linked to a minimum of two publications based on the query. After conducting an all-encompassing examination of the data, it was determined that a total of 1,060 genes had been validated as the genes selected for the search. This brings the total number of genes that have been validated to 1,060. On the other hand, the DisGeNET dataset included 1,236 genes that have been linked to MDD. A dataset of 1,734 genes was created from our search data and DisGeNET. The gene set listed above was used for additional research and evaluation.

## Network Analysis

The protein–protein interaction (PPI) network of final genes that was produced by using the STRING database (threshold = 0.700) had a substantial number of edges, totaling 10,079. It had an excessive number of nodes, 1,370 in total (Figure 1). During the network visualization procedure, genes that had no known interactions or were not recognized by the STRING database or were not recognized by the STRING database were omitted from the analysis.



Figure 1. Protein–Protein Interaction (PPI) Network of Final Genes Resulting from the Union of Search-Based Data and DisGeNET Data. Hub Genes Are Shown by Red Color.

After completing calculations for the top 10, 15, and 20 genes using four different methods (Degree, EPC, MNC, Eccentricity) (Figure 2-A, D), a Venn diagram was constructed to represent the intersection of the top 20 genes identified by each method (Figure 2-E). The earlier described set of four gene clusters exhibited a collective count of five genes that demonstrated overlapping

characteristics. These genes were identified explicitly as interleukin-6 (IL6), tumor necrosis factor (TNF), interleukin-1 beta (IL1B), signal transducer and activator of transcription 1 (STAT1), and signal transducer and activator of transcription 3 (STAT3). Each of these genes is indispensable for various pathways and functions that may contribute to developing or ameliorating MDD.





Figure 2. Findings from the Protein–Protein Interaction Network Analysis Conducted with the CytoHubba Plugin. (A) Top 20 Genes Based on Degree Scores. (B) Top 20 Genes Based on EPC Scores. (C) Top 20 Genes Based on MNC Scores. (D) Top 20 Genes Based on Eccentricity Scores. (E) Venn Diagram of Top 20 Genes Calculated by Four Methods Including Degree, MNC, EPC, and Eccentricity. Moreover, the PPI network was analyzed using the MCODE plug-in within Cytoscape, Figure 3 highlights the three most prominent MCODE modules.



В



Figure 3. Top Three Most Significant Modules Form the Genes Protein–Protein Interaction Network by MCODE. Key Genes Are Displayed in Green Color. (A) Module 1, (B) Module 2, and (C) Module 3.

#### **Drug-Gene Interaction**

The identification of drugs that specifically target crucial genes was facilitated through the utilization of DGIdb. Additionally, a drug-gene network was constructed utilizing the Cytoscape. TNF exhibited the highest number of associated drugs, totaling 41. IL1B ranked

second with 28 drugs, while IL6 occupied the third position with 14 drugs. In Figure 4, it can be observed that STAT3 was related to six medications as the fourth-rank. On the other hand, only one drug was found to be associated with STAT1, implying the smallest number of related drugs among all the genes.



Figure 4. The Drug-Gene Network Which Was Created Using DGldb. The Red Color Represents Key Genes, Blue Color Corresponds to Drugs, and Drugs That Affect more than One Gene Are Indicated in Orange.

#### Parvizi, Sadati, Porbaha, Et al.

A total of 11 drugs were identified as having multiple interactions with genes. These medications include Adalimumab, Insulin, Etanercept, Rabeprazole, Pentoxifylline, Alteplase, Infliximab, Acitretin, Digoxin, Omeprazole, and Cisplatin. Among the drugs under consideration, only Infliximab is linked with three specific genes, including TNF, IL1B, and IL6. Regarding the remaining medications, it has been established that Acitretin exhibits an association with IL1B and STAT3, Adalimumab is linked to TNF and IL6, Alteplase is associated with TNF and IL1B, and Cisplatin is related to IL6 and STAT1. Moreover, Digoxin exhibits a connection with TNF and STAT3. Furthermore, the drugs Etanercept and Insulin have been associated with the proinflammatory cytokines TNF and IL6. Also, it is worth noting that Omeprazole, Pentoxifylline, and Rabeprazole exhibit a relationship with TNF and IL1B (Table 1).

 Table 1. Drugs That Associated with Major Depressive Disorder (MDD) Key Genes, Their Structure and

 Summary of Function

Drug	Structure	Associated Genes	Function on MDD	Summary of Function and Application
Acitretin	OH OH I	IL1B, STAT3	Protective	A retinoid, which is a derivative of vitamin A, is now being used to treat psoriasis. Acitretin, like other retinoids, can cause an increase in serum aminotransferase levels.
Adalimumab	*	TNF, IL6	Protective	Adalimumab, a monoclonal antibody and TNF inhibitor, eliminates inflammation. Adalimumab, which inhibits the activation of TNF receptors, is used for treating several autoimmune diseases.
Alteplase	*	TNF, IL1B	Protective	Alteplase is a thrombolytic agent derived from recombinant DNA technology. The FDA approved the use of this medicine in cases of thrombosis.
Cisplatin	CI Pt NH <sub>3</sub>	IL6, STAT1	Detrimental	Cisplatin is an antineoplastic and chemotherapeutic medication employed in the treatment of several types of cancers. Cisplatin interferes with DNA replication, leading to the death of cells that have a high rate of reproduction.
Digoxin		TNF, STAT3	Detrimental	Digoxin is a medication employed for the treatment of cardiac failure, certain irregular heart rhythms, and induces abortion. This medicine is classified as a cardiac glycoside.

#### Major Depressive Disorder, Key Genes & Drugs

Etanercept	*	TNF, IL6	Protective	Etanercept is a biopharmaceutical that is employed for the treatment of immune-mediated diseases. This chemical works by inhibiting TNF.
Infliximab	*	TNF, IL1B, IL6	Protective	The chimeric monoclonal antibody infliximab is effective in treating autoimmune disorders. This encompasses Crohn's disease, ulcerative colitis, and other related medical diseases.
Insulin	*	TNF, IL6	Detrimental	Pharmaceutical insulin refers to any version of the protein hormone insulin that is utilized to manage elevated levels of glucose in the bloodstream.
Omeprazole		TNF, IL1B	Protective	Omeprazole is a drug that falls under the category of proton-pump inhibitors (PPIs).
Pentoxifylline		TNF, IL1B	Protective	Pentoxifylline, a vasoactive agent and xanthine derivative is used as a pharmacological intervention to relieve muscular discomfort in persons diagnosed with peripheral artery disease. The method of action includes decreasing the thickness of blood, hence improving blood circulation.
Rabeprazole		TNF, IL1B	Protective	Rabeprazole is classified as an antiacid medication and plays a role in the treatment of conditions like gastroesophageal reflux disease.

\* 3D structures were retrieved from NCBI structure (https://www.ncbi.nlm.nih.gov/structure).

#### Discussion

In light of our findings, five genes including TNF, IL1B, IL6, STAT1, and STAT3 can be identified as key genes in depression development. We hypothesize that these genes participate in both the development and progression of MDD's behavioral symptoms. They regulate the

fundamental molecular processes that contribute to the initiation and progression of depression. Multiple medications have an impact on the genes. Eleven drugs that affect more than one gene were identified. These drugs consist of Adalimumab, Insulin, Etanercept, Rabeprazole, Pentoxifylline, Alteplase, Infliximab,

Acitretin, Digoxin, Omeprazole, and Cisplatin. We hypothesize some components provide protective functions, whereas others have deleterious consequences. TNF, known as a pre-inflammatory cytokine, has multiple effects on innate and adaptive immunological functions (13). TNF is ubiquitously distributed in the human body and plays a pivotal role in the pathogenesis of various disorders as well as the physiology of the immune system. This cytokine is released by phagocytes, CD4+ T cells, and natural killer cells. More TNF or an unusual quantity of it can cause or make worse the inflammation and cancer diseases (14). In addition, an increase in intracerebral expression of TNF during brain injuries has been shown in several studies (15, 16). Depression has been demonstrated to be related to TNF increase. Preclinically, if animals have intracerebroventricular micro infusion near the hippocampus, they show signs of depression (17). Moreover, many studies have reported increasing TNF levels in human patients with depression (18-25).

It has been demonstrated that increased TNF- $\alpha$  levels are strongly linked to higher availability of the serotonin transporter (5-HTT). Additionally, administering a TNF inhibitor is connected to reduced 5-HTT availability (26). Furthermore, TNF can change the brain neuroplasticity and reduce neurogenesis (17).

The cytokine  $TNF-\alpha$  significantly impacts various cell types. The molecule controls inflammatory reactions and contributes to autoimmune and inflammatory diseases (27). In a study, MDD patients were proven to have higher serum  $TNF-\alpha$  levels than the control group. Patients reported significant symptom improvements and reduced  $TNF-\alpha$  levels after using antidepressants. Recent research links depression to  $TNF-\alpha$  activation, which can predict antidepressant response in persons with MDD (28).

Adalimumab is an anti-inflammatory drug which decreases the release of TNF- $\alpha$  (12, 13). Etanercept, a TNF- $\alpha$  inhibitor, reduces depressive-like symptoms without impacting locomotor activity, suggesting a function for TNF- $\alpha$  in emotional regulation (29). In a study, Rabeprazole was found to dramatically lower TNFlevels; Rabeprazole-induced however, α hypergastrinemia could result in neuropsychiatric side effects and regulate behaviors altered in depression, anxiety, and dementia (30). Pentoxifylline (POF) inhibits lipopolysaccharide (LPS)-stimulated human monocytes' TNF-alpha production (31). Pentoxifylline may reduce depression through multiple pathways, according to the idea. These include neuroinflammation inhibition. oxidative stress reduction, cerebral blood flow augmentation, and neurotrophic factor synthesis (32, 33). A study by Wang et al. found that alteplase-based intravenous thrombolysis for acute cerebral infarction enhanced therapeutic effectiveness, inflammatory responses, brain damage, and depression symptoms (34). Infliximab, a chimeric monoclonal antibody medication, targets TNF-a. Infliximab reduced HAM-D depressed symptoms, especially in patients with increased

inflammatory genes like TNF and CRP 32 (35). Digoxin has been shown in an in-vivo study to suppress proinflammatory cytokines like IL-17, IL-1 $\beta$ , IL-6, TNF- $\alpha$ , and IL-21, suggesting that it may also improve MDD (36). Co-administrated of capecitabine and omeprazole significantly reduces TNF- $\alpha$  induction, suggesting a relationship with reduced symptoms of MDD (37). In contrast, some medications might trigger inflammation and elevate levels of inflammatory markers. For instance, Cisplatin, when administered in large doses, might cause nephro-inflammation, and therefore, its use should be restricted in patients with MDD (38).

IL1B has a major impact in immune induction and the inflammatory process (39). It regulates the body's reaction to infections, injuries, and immune challenges, both on a systemic and local level. IL1B provides this by activating lymphocytes, causing a fever, and assisting in migrating white blood cells to the injured or infected sites (40). Notably, IL1B has been widely studied in mental studies, such as the association between depression and genetic polymorphisms (41). Increasing intracerebral amounts of IL1B have been detected as a crucial mediator in the inflammation process of brain injuries (15). Among the cytokines, IL1B plays an important role in MDD. Exogenous administration of IL1B causes some depression symptoms, such as changes in sleep patterns or anorexia (42). These behavioral changes are related to activating the hypothalamic-pituitary-adrenal axis seen in MDD patients (43, 44).

The Nod-like receptors family pyrin domain containing 3 (NLRP3) inflammasome, a key regulator of IL1B maturation, has been implicated in MDD pathophysiology. Autophagy, a cellular degradation pathway, plays a crucial role in preventing increased activation of the NLRP3 inflammasome and subsequent neuroinflammation. This regulation of NLRP3 may be associated with the pathogenesis of MDD (45).

We found that Omeprazole, Rabeprazole, Acitretin, Infliximab, Pentoxifylline, and Alteplase can be effective in treating MDD due to their impact on ILIB. Omeprazole decreases oxidative stress, thereby releasing IL1B (46). Rabeprazole prevents cell pyroptosis caused by an infection or other cell-damaging factors by inhibiting the release of IL1B. This medication accomplishes this purpose by suppressing the GSDMD-induced pyroptosis. (47). Acitretin inhibits both proliferation and inflammation, so it can reduce IL1B secretion (48). Infliximab is a fully-humanized monoclonal antibody that functions by suppressing the activity of TNF- $\alpha$  and IL1B (49). Pentoxifylline also inhibits IL1B (50). Furthermore, in a study, researchers showed that the use of Alteplase can prevent depression after a stroke (51). Overall, these medications have the potential to prevent the progression of MDD due to their ability to reduce IL1B and act as a protective factor.

IL-6 family cytokines have been related to a wide range of roles, such as activation of B-cell activity and the acute phase protein creation induction in the liver. They are also involved in metabolic and neurological activities (52). Research in clinical and animal contexts has shown that higher levels of IL-6, whether in the peripheral or central nervous systems, are linked to the development of MDD (53). For example, three meta-analyses have indicated that patients with MDD exhibit distinctly different levels of IL-6 compared to those without MDD (54-56). This could be related to stimulation of the hypothalamic-pituitary-adrenal axis or changes in neurotransmitter metabolism (53). Also, studies indicate that IL-6 levels lower than normal at admission are correlated with more favorable treatment outcomes, whereas higher baseline IL-6 is associated with less favorable outcomes. This indicates that managing IL-6 levels might improve overall treatment outcomes (57).

IL-6 signaling occurs via two pathways: the membranebound IL-6 receptor (IL-6R) and the soluble IL-6 receptor (sIL-6R) trans-signaling (58). While IL-6R signaling has anti-inflammatory effects, sIL-6R trans-signaling primarily mediates pro-inflammatory functions (59). Elevated levels of IL-6 and sIL-6R have been observed in depressed patients, suggesting their involvement in MDD pathogenesis (60). IL-6 affects multiple systems, including the hypothalamic-pituitary-adrenal axis, tryptophan metabolism, and oxidative stress, contributing to depression symptomatology (59).

We found that Cisplatin, Infliximab, Adalimumab, Etanercept, and Insulin can be effective in the treatment of MDD due to their effect on IL-6. Cisplatin has been observed to elevate the IL-6 level (61). Infliximab has been demonstrated to have a decreasing effect on IL-6 in Human Osteoblastic Cells (62). Similarly, Adalimumab and Etanercept have shown the ability to reduce IL-6 levels (63, 64). Additionally, a study found that 100 ng Insulin can stimulate a 2.3-fold increase in IL-6 mRNA expression (65).

STAT3 is a critical signaling molecule that responds to a diversity of cytokines and growth factors, resulting in a range of biological outcomes including cellular growth, differentiation, and survival (66). There is in-vivo evidence indicating that STAT3 may be involved in the appearance of depressive-like behaviors. Moreover, there is a correlation between genetic variations in the human STAT3 gene and an individual's responsiveness to antidepressant medications (67-69). In addition, the STAT3 protein plays a significant role in determining whether T-cells develop into regulatory T-cells (Treg) or inflammatory T-cells (Th17). The formation of Th17 cells has been associated with the development of neurodegenerative diseases (NDDs). Furthermore, the Janus Kinase2 (JAK2)/STAT3 pathway, activated by proinflammatory cytokines, contributes to neuroinflammation and apoptosis neuronal in neurodegenerative diseases (70).

Acitretin modulates the proliferation of keratinocytes by regulating the STAT3 signaling pathways (71). It is critical to note that there are no clinical trials that have conclusively shown a causal relation between Acitretin

#### Major Depressive Disorder, Key Genes & Drugs

use and the development of depression or suicidal ideation. Hence, it can be inferred that the correlation between acitretin and affective disorders is more accurately characterized as a classification based on shared characteristics rather than a scientifically substantiated relationship (72). causal The phosphorylation of Src and the associated EGFR/STAT3 pathway are suppressed by Digoxin in diverse lung cancer cell types (73). Although cardiac glycosides, including digoxin, have been implicated in the development of various psychiatric disorders, the evidence is largely anecdotal, and there is a lack of high-quality prospective trials. It is important to consider that patients receiving either β-blockers or digoxin frequently have comorbid heart failure, which can cause mood disorder (74). Depression associated with the use of digoxin, similar to other mood syndromes linked to cardiovascular medications, is characterized by prominent fatigue, reduced appetite, and impaired sleep (75).Results of a recent study showed that in a group of depressed patients, there was an observed upregulation of JAK3 and a decrease in the expression of STAT1 (76). Furthermore, compared to the control group, the expression of some immune-related genes, such as STAT1 and CCL2, were dramatically increased in MDD patients (77).

Cisplatin, a chemotherapy agent with cytotoxic properties, is frequently used in the treatment of different solid tumors. It has been observed that the administration of cisplatin leads to the phosphorylation of STAT1, thereby inducing tumor cell death (78). The results of Abdelkader *et al.* indicated that nebivolol could be a promising method for reducing the depressed symptoms associated with cisplatin use (38). In rats treated with cisplatin and exhibiting symptoms of sadness, elevated depressive-like behaviors were reported (79).

Some studies explored genetic factors associated with MDD, including many meta-analyses and genome-wide association studies (GWAS). The studies explored genetic factors associated with MDD through metaanalyses and genome-wide association studies (GWAS). Lopez-León et al. identified six MDD susceptibility genes (APOE, DRD4, GNB3, MTHFR, SLC6A3, and SLC6A4) through meta-analyses of candidate gene studies (80). However, Bosker et al. found poor replication of these candidate genes using GWAS data, with only four genes (C5orf20, NPY, TNF, and SLC6A2) showing significant associations (81). The results reported by Chang et al. include protein coding genes involved in neuronal signaling and structure, such as glutamate receptors (GRM1, GRM7), GABA receptors (GABRA2, GABRA4), and neurotrophic factors (BDNF, RELN), providing insights into potential molecular mechanisms of MDD (82). As it is clear, there are both differences and similarities between these studies' results and also findings of the current study, which can be explained by the extent of genes and factors that have a place in the pathogenesis of depression.

#### Parvizi, Sadati, Porbaha, Et al.

Based on our findings, inflammatory genes and pathways play an undeniable role in the pathogenesis and development of MDD. It may guide us to the relationship between depression and diseases that these pathways are highly activated such as cancers, autoimmune, and chronic diseases. MDD is remarkably more prevalent and related to reduced survival in these patients (83, 84). The findings of this study may offer new insights into the mental health care of the mentioned patients and also all people who suffer from MDD. On the other hand, these genes and their related pathways can play a role as new targets for designing medications against depression.

# Limitation

In this computational study, the absence of clinical and experimental data underscores the need for additional research. Specifically, further investigations are warranted to fully explore the therapeutic efficacy of these drugs in treating MDD.

# Conclusion

MDD is known as one of the most prevalent and disabling psychiatric disorders. Our findings suggest five hub genes that play a critical role in depression pathogenesis: TNF, IL1B, IL6, STAT1, and STAT3. These genes could be ideal targets for innovative therapeutic strategies, including drug development. In conclusion, Acitretin, Adalimumab, Alteplase, Etanercept, Infliximab, Omeprazole, Pentoxifylline, and Rabeprazole can potentially improve MDD. In clinical settings they may be drugs of choice over similar drugs in patients with comorbid MDD due to their dual efficacy in addressing both the primary condition and depressive symptoms. However, Cisplatin, Digoxin, and Insulin may play a detrimental and harmful role in depression. Our study provides promising results and pave the path for future researchers to find more efficient and novel treatments for depression, which will enhance the living quality of MDD patients. Additionally, further studies are necessary to explore the therapeutic potential of these drugs for the treatment of MDD.

# Acknowledgment

The authors sincerely thank the Student Research Committee of Hamadan University of Medical Sciences for their support throughout this research (Grant No: 140302251389).

# **Conflict of Interest**

None.

# References

- Thom R, Silbersweig DA, Boland RJ. Major Depressive Disorder in Medical Illness: A Review of Assessment, Prevalence, and Treatment Options. Psychosom Med. 2019;81(3):246-55.
- Albert PR. Why is depression more prevalent in women? J Psychiatry Neurosci. 2015;40(4):219-21.
- 3. The Lancet Global H. Mental health matters. Lancet Glob Health. 2020;8(11):e1352.
- Kupfer DJ. The pharmacological management of depression. Dialogues Clin Neurosci. 2005;7(3):191-205.
- Skolnick P, Popik P, Trullas R. Glutamate-based antidepressants: 20 years on. Trends Pharmacol Sci. 2009;30(11):563-9.
- Bartova L, Lanzenberger R, Rujescu D, Kasper S. Reply to: "The serotonin theory of depression: a systematic umbrella review of the evidence" published by Moncrieff J, Cooper RE, Stockmann T, Amendola S, Hengartner MP, Horowitz MA in Molecular Psychiatry (2022 Jul 20. doi: 10.1038/s41380-022-01661-0). Mol Psychiatry. 2023;28(8):3153-4.
- 7. Elias E, Zhang AY, Manners MT. Novel Pharmacological Approaches to the Treatment of Depression. Life (Basel). 2022;12(2):196.
- Pushpakom S, Iorio F, Eyers PA, Escott KJ, Hopper S, Wells A, et al. Drug repurposing: progress, challenges and recommendations. Nat Rev Drug Discov. 2019;18(1):41-58.
- Dall'Aglio L, Lewis CM, Pain O. Delineating the Genetic Component of Gene Expression in Major Depression. Biol Psychiatry. 2021;89(6):627-36.
- Haroon E, Daguanno AW, Woolwine BJ, Goldsmith DR, Baer WM, Wommack EC, et al. Antidepressant treatment resistance is associated with increased inflammatory markers in patients with major depressive disorder. Psychoneuroendocrinology. 2018;95:43-9.
- 11. Zhou TT, Sun JJ, Tang LD, Yuan Y, Wang JY, Zhang L. Potential diagnostic markers and therapeutic targets for rheumatoid arthritis with comorbid depression based on bioinformatics analysis. Front Immunol. 2023;14:1007624.
- Seal RL, Braschi B, Gray K, Jones TEM, Tweedie S, Haim-Vilmovsky L, et al. Genenames.org: the HGNC resources in 2023. Nucleic Acids Res. 2023;51(D1):D1003-d9.
- 13. Sethi JK, Hotamisligil GS. Metabolic Messengers: tumour necrosis factor. Nat Metab. 2021;3(10):1302-12.
- Wang Y, Liu J, Wang Y. Role of TNF-α-induced m6A RNA methylation in diseases: a comprehensive review. Front Cell Dev Biol. 2023;11:1166308.
- Bimpis A, Papalois A, Voumvourakis K, Oláh O, Tiszlavicz L, Liapi C. Neuronal tumour necrosis factor-α and interleukin-1β expression in a porcine model of intracerebral haemorrhage: Modulation by U-74389G. Brain Res. 2015;1615:98-105.
- 16. Ewen T, Qiuting L, Chaogang T, Tao T, Jun W, Liming T, et al. Neuroprotective effect of

#### Major Depressive Disorder, Key Genes & Drugs

atorvastatin involves suppression of TNF- $\alpha$  and upregulation of IL-10 in a rat model of intracerebral hemorrhage. Cell Biochem Biophys. 2013;66(2):337-46.

- Fasick V, Spengler RN, Samankan S, Nader ND, Ignatowski TA. The hippocampus and TNF: Common links between chronic pain and depression. Neurosci Biobehav Rev. 2015;53:139-59. Anderson G. Editorial: The Kynurenine and Melatonergic Pathways in Psychiatric and CNS Disorders. Curr Pharm Des. 2016;22(8):947-8.
- Choi KW, Jang EH, Kim AY, Kim H, Park MJ, Byun S, et al. Predictive inflammatory biomarkers for change in suicidal ideation in major depressive disorder and panic disorder: A 12week follow-up study. J Psychiatr Res. 2021;133:73-81.
- 20. Elhaik E, Zandi P. Dysregulation of the NF-κB pathway as a potential inducer of bipolar disorder. J Psychiatr Res. 2015;70:18-27.
- Kappelmann N, Lewis G, Dantzer R, Jones PB, Khandaker GM. Antidepressant activity of anticytokine treatment: a systematic review and meta-analysis of clinical trials of chronic inflammatory conditions. Mol Psychiatry. 2018;23(2):335-43.
- Köhler CA, Freitas TH, Maes M, de Andrade NQ, Liu CS, Fernandes BS, et al. Peripheral cytokine and chemokine alterations in depression: a metaanalysis of 82 studies. Acta Psychiatr Scand. 2017;135(5):373-87.
- Kopschina Feltes P, Doorduin J, Klein HC, Juárez-Orozco LE, Dierckx RA, Moriguchi-Jeckel CM, et al. Anti-inflammatory treatment for major depressive disorder: implications for patients with an elevated immune profile and nonresponders to standard antidepressant therapy. J Psychopharmacol. 2017;31(9):1149-65.
- Liu Y, Ho RC, Mak A. Interleukin (IL)-6, tumour necrosis factor alpha (TNF-α) and soluble interleukin-2 receptors (sIL-2R) are elevated in patients with major depressive disorder: a metaanalysis and meta-regression. J Affect Disord. 2012;139(3):230-9.
- 25. Maes M, Bosmans E, Suy E, Vandervorst C, De Jonckheere C, Raus J. Immune disturbances during major depression: upregulated expression of interleukin-2 receptors. Neuropsychobiology. 1990;24(3):115-20.
- Krishnadas R, Nicol A, Sassarini J, Puri N, Burden AD, Leman J, et al. Circulating tumour necrosis factor is highly correlated with brainstem serotonin transporter availability in humans. Brain Behav Immun. 2016;51:29-38.
- 27. Bradley JR. TNF-mediated inflammatory disease. J Pathol. 2008;214(2):149-60.
- Yao L, Pan L, Qian M, Sun W, Gu C, Chen L, et al. Tumor Necrosis Factor-α Variations in Patients With Major Depressive Disorder Before and After Antidepressant Treatment. Front Psychiatry. 2020;11:518837.
- 29. Bayramgürler D, Karson A, Ozer C, Utkan T. Effects of long-term etanercept treatment on

anxiety- and depression-like neurobehaviors in rats. Physiol Behav. 2013;119:145-8.

- Polimeni G, Cutroneo P, Gallo A, Gallo S, Spina E, Caputi AP. Rabeprazole and psychiatric symptoms. Ann Pharmacother. 2007;41(7):1315-7.
- Marques LJ, Zheng L, Poulakis N, Guzman J, Costabel U. Pentoxifylline inhibits TNF-alpha production from human alveolar macrophages. Am J Respir Crit Care Med. 1999;159(2):508-11.
- EI-Haggar SM, Eissa MA, Mostafa TM, EI-Attar KS, Abdallah MS. The Phosphodiesterase Inhibitor Pentoxifylline as a Novel Adjunct to Antidepressants in Major Depressive Disorder Patients: A Proof-of-Concept, Randomized, Double-Blind, Placebo-Controlled Trial. Psychother Psychosom. 2018;87(6):331-9.
- 33. Yasrebi SO, Momtazmanesh S, Moghaddam HS, Shahmansouri N, Mehrpooya M, Arbabi M, et al. Pentoxifylline for treatment of major depression after percutaneous coronary intervention or coronary artery bypass grafting: A randomized, double-blind, placebo-controlled trial. J Psychosom Res. 2021;150:110635.
- 34. Wang J, Fang X, Wang D, Xiao Y. Effect of intravenous thrombolysis with alteplase on clinical efficacy, inflammatory factors, and neurological function in patients with acute cerebral infarction. Braz J Med Biol Res. 2021;54(5):e10000.
- Bavaresco DV, Uggioni MLR, Ferraz SD, Marques RMM, Simon CS, Dagostin VS, et al. Efficacy of infliximab in treatment-resistant depression: A systematic review and metaanalysis. Pharmacol Biochem Behav. 2020;188:172838.
- Lee J, Baek S, Lee J, Lee J, Lee DG, Park MK, et al. Digoxin ameliorates autoimmune arthritis via suppression of Th17 differentiation. Int Immunopharmacol. 2015;26(1):103-11.
- Hiromoto S, Kawashiri T, Yamanaka N, Kobayashi D, Mine K, Inoue M, et al. Use of omeprazole, the proton pump inhibitor, as a potential therapy for the capecitabine-induced hand-foot syndrome. Sci Rep. 2021;11(1):8964.
- Abdelkader NF, Saad MA, Abdelsalam RM. Neuroprotective effect of nebivolol against cisplatin-associated depressive-like behavior in rats. J Neurochem. 2017;141(3):449-60.
- Yaseen MM, Abuharfeil NM, Darmani H. The role of IL-1β during human immunodeficiency virus type 1 infection. Rev Med Virol. 2023;33(1):e2400.
- 40. Sims JE, Smith DE. The IL-1 family: regulators of immunity. Nat Rev Immunol. 2010;10(2):89-102.
- 41. Mikhalitskaya EV, Vyalova NM, Ermakov EA, Levchuk LA, Simutkin GG, Bokhan NA, et al. Association of Single Nucleotide Polymorphisms of Cytokine Genes with Depression, Schizophrenia and Bipolar Disorder. Genes (Basel). 2023;14(7):1470.
- 42. Connor TJ, Leonard BE. Depression, stress and immunological activation: the role of cytokines in depressive disorders. Life Sci. 1998;62(7):583-606.

- 43. Castanon N, Bluthé RM, Dantzer R. Chronic treatment with the atypical antidepressant tianeptine attenuates sickness behavior induced by peripheral but not central lipopolysaccharide and interleukin-1beta in the rat. Psychopharmacology (Berl). 2001;154(1):50-60.
- Yu YW, Chen TJ, Hong CJ, Chen HM, Tsai SJ. Association study of the interleukin-1 beta (C-511T) genetic polymorphism with major depressive disorder, associated symptomatology, and antidepressant response. Neuropsychopharmacology. 2003;28(6):1182-5.
- 45. Tang M, Liu T, Jiang P, Dang R. The interaction between autophagy and neuroinflammation in major depressive disorder: From pathophysiology to therapeutic implications. Pharmacol Res. 2021;168:105586.
- Chanchal SK, Mahajan UB, Siddharth S, Reddy N, Goyal SN, Patil PH, et al. In vivo and in vitro protective effects of omeprazole against neuropathic pain. Sci Rep. 2016;6:30007.
- 47. Xie J, Fan L, Xiong L, Chen P, Wang H, Chen H, et al. Rabeprazole inhibits inflammatory reaction by inhibition of cell pyroptosis in gastric epithelial cells. BMC Pharmacol Toxicol. 2021;22(1):44.
- 48. Elzayat EM, Shahien SA, El-Sherif AA, Hosney M. Therapeutic potential of stem cells and acitretin on inflammatory signaling pathway-associated genes regulated by miRNAs 146a and 155 in AD-like rats. Sci Rep. 2023;13(1):9613.
- 49. Tekin B, Salman A, Ergun T. Hidradenitis suppurativa unresponsive to canakinumab treatment: A case report. Indian J Dermatol Venereol Leprol. 2017;83(5):615-7.
- D'Hellencourt CL, Diaw L, Cornillet P, Guenounou M. Differential regulation of TNF alpha, IL-1 beta, IL-6, IL-8, TNF beta, and IL-10 by pentoxifylline. Int J Immunopharmacol. 1996;18(12):739-48.
- Königsberg A, Sehner S, Arlt S, Cheng B, Simonsen CZ, Boutitie F, et al. Effect of intravenous alteplase on post-stroke depression in the WAKE UP trial. Eur J Neurol. 2021;28(6):2017-25.
- 52. Tanaka T, Narazaki M, Ogata A, Kishimoto T. A new era for the treatment of inflammatory autoimmune diseases by interleukin-6 blockade strategy. Semin Immunol. 2014;26(1):88-96.
- Ting EY-C, Yang AC, Tsai S-J. Role of Interleukin-6 in Depressive Disorder. International Journal of Molecular Sciences. 2020;21(6):2194.
- Dowlati Y, Herrmann N, Swardfager W, Liu H, Sham L, Reim EK, et al. A meta-analysis of cytokines in major depression. Biol Psychiatry. 2010;67(5):446-57.
- Howren MB, Lamkin DM, Suls J. Associations of depression with C-reactive protein, IL-1, and IL-6: a meta-analysis. Psychosom Med. 2009;71(2):171-86.
- 56. Liu Y, Ho RC, Mak A. Interleukin (IL)-6, tumour necrosis factor alpha (TNF-α) and soluble interleukin-2 receptors (sIL-2R) are elevated in patients with major depressive disorder: a meta-

analysis and meta-regression. J Affect Disord. 2012;139(3):230-9.

- 57. Virtanen M, Shipley MJ, Batty GD, Hamer M, Allan CL, Lowe GD, et al. Interleukin-6 as a predictor of symptom resolution in psychological distress: a cohort study. Psychol Med. 2015;45(10):2137-44.
- García-Juárez M, Camacho-Morales A. Defining the Role of Anti- and Pro-inflammatory Outcomes of Interleukin-6 in Mental Health. Neuroscience. 2022;492:32-46.
- 59. Maes M, Anderson G, Kubera M, Berk M. Targeting classical IL-6 signalling or IL-6 transsignalling in depression? Expert Opin Ther Targets. 2014;18(5):495-512.
- 60. Roohi E, Jaafari N, Hashemian F. On inflammatory hypothesis of depression: what is the role of IL-6 in the middle of the chaos? J Neuroinflammation. 2021;18(1):45.
- Faubel S, Lewis EC, Reznikov L, Ljubanovic D, Hoke TS, Somerset H, et al. Cisplatin-induced acute renal failure is associated with an increase in the cytokines interleukin (IL)-1beta, IL-18, IL-6, and neutrophil infiltration in the kidney. J Pharmacol Exp Ther. 2007;322(1):8-15.
- Musacchio E, Valvason C, Botsios C, Ostuni F, Furlan A, Ramonda R, et al. The tumor necrosis factor-{alpha}-blocking agent infliximab inhibits interleukin 1beta (IL-1beta) and IL-6 gene expression in human osteoblastic cells. J Rheumatol. 2009;36(8):1575-9.
- Yue C, You X, Zhao L, Wang H, Tang F, Zhang F, et al. The effects of adalimumab and methotrexate treatment on peripheral Th17 cells and IL-17/IL-6 secretion in rheumatoid arthritis patients. Rheumatol Int. 2010;30(12):1553-7.
- 64. Li S, Mei Q, Qian D, Huang X, Fan C, Quan J. Efficacy of etanercept in rheumatoid arthritis patients and its effects on interleukin 6 and serum tumor necrosis factor α. Trop J Pharm Res. 2023;22(1):207-13.
- Fasshauer M, Klein J, Lossner U, Paschke R. Interleukin (IL)-6 mRNA expression is stimulated by insulin, isoproterenol, tumour necrosis factor alpha, growth hormone, and IL-6 in 3T3-L1 adipocytes. Horm Metab Res. 2003;35(3):147-52.
- 66. Guanizo AC, Fernando CD, Garama DJ, Gough DJ. STAT3: a multifaceted oncoprotein. Growth Factors. 2018;36(1-2):1-14.
- 67. Kong E, Sucic S, Monje FJ, Savalli G, Diao W, Khan D, et al. STAT3 controls IL6-dependent regulation of serotonin transporter function and depression-like behavior. Sci Rep. 2015;5:9009.
- Kwon SH, Han JK, Choi M, Kwon YJ, Kim SJ, Yi EH, et al. Dysfunction of Microglial STAT3 Alleviates Depressive Behavior via Neuron-Microglia Interactions. Neuropsychopharmacology. 2017;42(10):2072-86.
- 69. Wong ML, Dong C, Maestre-Mesa J, Licinio J. Polymorphisms in inflammation-related genes are associated with susceptibility to major depression and antidepressant response. Mol Psychiatry. 2008;13(8):800-12.

Iranian J Psychiatry 19: 4, October 2024 ijps.tums.ac.ir

#### Major Depressive Disorder, Key Genes & Drugs

- Panda SP, Kesharwani A, Datta S, Prasanth D, Panda SK, Guru A. JAK2/STAT3 as a new potential target to manage neurodegenerative diseases: An interactive review. Eur J Pharmacol. 2024;970:176490.
- Qin X, Chen C, Zhang Y, Zhang L, Mei Y, Long X, et al. Acitretin modulates HaCaT cells proliferation through STAT1- and STAT3dependent signaling. Saudi Pharm J. 2017;25(4):620-4.
- 72. Hayes J, Koo J. Depression and acitretin: a true association or a class labeling? J Drugs Dermatol. 2011;10(4):409-12.
- Lin SY, Chang HH, Lai YH, Lin CH, Chen MH, Chang GC, et al. Digoxin Suppresses Tumor Malignancy through Inhibiting Multiple Src-Related Signaling Pathways in Non-Small Cell Lung Cancer. PLoS One. 2015;10(5):e0123305.
- Schleifer SJ, Slater WR, Macari-Hinson MM, Coyle DA, Kahn M, Zucker HD, et al. Digitalis and beta-blocking agents: effects on depression following myocardial infarction. Am Heart J. 1991;121(5):1397-402.
- 75. Keller S, Frishman WH. Neuropsychiatric effects of cardiovascular drug therapy. Cardiol Rev. 2003;11(2):73-93.
- Gałecka M, Szemraj J, Su KP, Halaris A, Maes M, Skiba A, et al. Is the JAK-STAT Signaling Pathway Involved in the Pathogenesis of Depression? J Clin Med. 2022;11(7).
- 77. Sforzini L, Cattaneo A, Ferrari C, Turner L, Mariani N, Enache D, et al. Higher immunerelated gene expression in major depression is independent of CRP levels: results from the BIODEP study. Transl Psychiatry. 2023;13(1):185.

- Schmitt NC, Trivedi S, Ferris RL. STAT1 Activation Is Enhanced by Cisplatin and Variably Affected by EGFR Inhibition in HNSCC Cells. Mol Cancer Ther. 2015;14(9):2103-11.
- 79. Kandeil MA, Gomaa SB, Mahmoud MO. The effect of some natural antioxidants against cisplatin-induced neurotoxicity in rats: behavioral testing. Heliyon. 2020;6(8):e04708.
- López-León S, Janssens AC, González-Zuloeta Ladd AM, Del-Favero J, Claes SJ, Oostra BA, et al. Meta-analyses of genetic studies on major depressive disorder. Mol Psychiatry. 2008;13(8):772-85.
- Bosker FJ, Hartman CA, Nolte IM, Prins BP, Terpstra P, Posthuma D, et al. Poor replication of candidate genes for major depressive disorder using genome-wide association data. Mol Psychiatry. 2011;16(5):516-32.
- Chang LC, Jamain S, Lin CW, Rujescu D, Tseng GC, Sibille E. A conserved BDNF, glutamateand GABA-enriched gene module related to human depression identified by coexpression meta-analysis and DNA variant genome-wide association studies. PLoS One. 2014;9(3):e90980.
- Geng HM, Chuang DM, Yang F, Yang Y, Liu WM, Liu LH, et al. Prevalence and determinants of depression in caregivers of cancer patients: A systematic review and meta-analysis. Medicine (Baltimore). 2018;97(39):e11863.
- Walker J, Mulick A, Magill N, Symeonides S, Gourley C, Burke K, et al. Major Depression and Survival in People With Cancer. Psychosom Med. 2021;83(5):410-6.